



# Smarter Dental Plans

## Evidence-Based Integrated Care Plan (EBICP)

Delta Dental of Wisconsin's Evidence-Based Integrated Care Plan (EBICP) provides **extra benefits for individuals with certain medical conditions** that have oral health implications. Research has shown that increased frequency of cleanings and topical fluoride applications greatly impact oral health, and sometimes play a role in managing conditions such as:

### Cancer therapy



Oral health tends to be a difficult challenge for some cancer patients. Oral pain, gum infections, rapid tooth decay, and dry mouth are among the side effects associated with radiation and chemotherapy.\*\*

### Periodontal disease



Studies have shown that a greater frequency of maintenance can reduce the need for repeating periodontal (gum) surgery.\*\*

### Diabetes



Evidence has shown a higher presence of periodontal disease in individuals with diabetes.\*

### Pregnancy



Pregnant women are more likely to get periodontal disease. It is beneficial for pregnant women to maintain good oral health.\*

### High-risk cardiac conditions



Maintaining good oral health and eliminating oral disease decreases a cardiac-risk patient's chances of contracting Infective Endocarditis (IE), a disease where bacteria infect in the tissues of the heart.\*

### Weakened immune systems



Oral complications can increase both treatment costs and disease rates in individuals with weakened immune systems. Even common conditions like dry mouth and dental decay can be indicators of more serious problems. Associated medical conditions can include rheumatoid arthritis, lupus, multiple sclerosis, Crohn's disease and more.\*\*

### Kidney failure or dialysis



Studies have shown that individuals with kidney disease have a higher likelihood of periodontal disease and tooth loss, and that the severity of these oral health issues is typically related to the level of kidney dysfunction.\*

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SS300A-1901

\*additional cleanings

\*\*additional cleanings and topical fluoride treatments